My patient says they are considering suicide. 

Now what?

**Key Considerations**

- Questions Help Determine Level of Risk
- Connect them to Resources

**Poll Everywhere**

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**Reach Out to an Emergency Contact**
I live in a small community and have known most of my patients since I was a child. Many have come to my clinic over the years and feel like old friends. That’s a good thing, right?

My daughter was in a car accident and has whiplash and a neck injury. I do not trust anyone else to treat her. Can I treat her in my clinic?

My colleagues at the clinic are always asking me to “just do a quick treatment on their neck or knee at lunch time.” Is this OK?

The Answer
No simple yes/no answers to these questions

What Things Must I Consider?
Is there potential for a Conflict of Interest?

I have decided to proceed, what should I do next?
- Discuss
- Disclose – payers, stakeholders, College
- Document

What are the RISKS?

The Questions

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What are the RISKS?
The Challenges

What Happens if Something Goes Wrong?

A young PT texted her patient using her personal phone to reschedule an appointment, the PT is now receiving multiple daily texts from the patient, the texts are becoming increasingly personal in nature.

What Should She Do?

Maintaining Boundaries and Sexual Abuse

Resources

Physiotherapy Alberta
Professional Relations Resource Guide
for Alberta Physiotherapists
Standards of Practice: Professional Boundaries
Standards of Practice: Conflict of Interest
CPABC
Where's the line? Professional Boundaries in a Therapeutic Relationship
CPO
Standard Boundaries & Sexual Abuse
What is a Professional Boundary?

Boundary Crossing Leading to Harm

PT Failed to Maintain Boundary

Can I discharge a patient who is rude or aggressive or behaving inappropriately?
Key Considerations

Complex Scenarios and Bad Behaviour

Referral to Another Health Care Provider

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Compliance with the Standards and requirements of both jurisdictions.

Resources

CPTBC: Code of Ethical Conduct
PACA: Managing Challenging Situations Resource Guide for Alberta Physiotherapists
CPO: Record Keeping Standard

What is Telerehabilitation?

- Videoconferencing, email, apps, web-based communication, and wearable technology.
- Personnel may or may not be present with the patient.
- Comply with the Standards and requirements of both jurisdictions.

Considering Providing Tele-Rehab Services

What Do I Need to Know?

Re-establish Boundaries?
System Considerations

Documentation
Collection, use, disclosure, retention, disposal

Consent Considerations

Supervision

Resources
Physiotherapy Alberta: Tele-Rehabilitation Resource Guide for Alberta Physiotherapists
Tele-Rehabilitation in Physiotherapy: Patient Information
CAPR: Tele-rehabilitation – Guidelines for Physiotherapists (September 2017)

Practice Advice—Call Us!
Your College Practice Advisor is available to members, the public and students to answer your questions or help guide your decision making.