

DESIGNING AN INTEGRATED EVALUATION FOR THE YOU'RE IN CHARGE PROGRAM TO STRENGTHEN THE TRANSITION OF CARE AT IWK HEALTH



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BACKGROUND

- Transition of care is the process in which youth transfer their health care from pediatric to adult health care systems.
- Currently, there is very little done to standardize transition of care, which can result in poor health outcomes for youth.
- Findings from this study highlighted the need for youth to develop specific knowledge and skills related to their independence and navigating the health care system.
- The You're in Charge (YIC) program builds capacity in the previously highlighted areas with youth and their families through goal setting, education, and peer-led activities.

YIC PROGRAM

- The YIC Program helps youth build self-management skills needed for their TOC.
- YIC is peer-led with health center staff and the participants include both youth and their caregivers.
- In the 2-session program, the participants complete 3-sentence health summaries and do TOC related goal setting

CO-DESIGNED EVALUATION PRIORITIES FOR A TRANSITION IN CARE PROGRAM

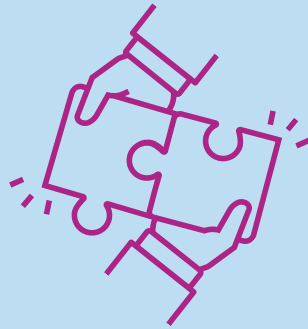
The Generative co-design framework was used for healthcare innovation over three phases, pre-design, co-design, and post-design.

- Pre Design
- Co-Design
- Post-Design

METHODS



PATIENT PARTNERSHIPS



- The primary investigator on this work is a patient partner. This brought invaluable insight and connection to the work.
- Working in a collaborative approach with the YIC Program Coordinator and TOCC, the evaluation tool was more relevant and useful for the ongoing evaluation and sustainability of the program.
- The patient partnerships within the project were included in the co-design sessions helping us set the priorities for the evaluation

CONCLUSION

- The YIC program and TOC Committee required an evaluation toolkit to support the design of their programs and tools to develop youth's capacity and confidence to be in their own health care.
- This project culminated with a completed evaluation toolkit for the YIC program to use for ongoing evaluation.
- This study provided a valuable resource for continued use beyond the project end date.

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