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## WHAT INITATED THIS PROGRAM?

Children with IDD/ASD are at a greater risk of developing comorbid medical conditions, mental health diagnosis and behavioural challenges. In addition, they often experience the following compared to their neurotypical developing peers:

- ✓ Barriers to accessing medically necessary care
- ✓ Delays in diagnosis and treatment
- ✓ More health care encounters & hospitalizations
- ✓ Longer LOS, poorer health outcomes
- ✓ Higher levels of stress and agitation

The ABILITY program launched in 2019 with the goal of providing individualized care through an integrated, adaptive and collaborative approach with a developmental and mental health lens.

**All children to receive the right care at the right time...**

Adaptive care plans involve planning a patient's hospital visit from home, to hospital, and back home; while thinking of everything in between. *The goal is for the patient, family and staff to have a timely, successful hospital encounter.*



"...Without hesitation, I am confident in saying the ABILITY team helped avoid a prolonged hospital stay, and an NG tube placement in a kiddo that is happily going home today tube free. Thanks so much to the ABILITY program – may it continue to grow!"

# Adaptive Care Planning: Providing the Right Care, At the Right Time for Children and Youth with Neurodiversity

## Components of Adaptive Care Planning:



## CASE EXAMPLE:

16 yo male with IDD/ASD, anxiety and obesity

- Required an urgent dental procedure
- Hx of code white injuring hospital staff & parent
- No medical workup / bloodwork / vaccines in years

## Strategies Implemented:

- ✓ Clustered medical care: physical exam, bloodwork, vaccines with dental procedure
- ✓ Customized sedation plan: IM Ketamine administered in vehicle via alternate entrance
- ✓ Visuals created: social story, when-then board, positive reinforcers
- ✓ Team awareness of Code White plan
- ✓ Hospital exit plan via alternate route

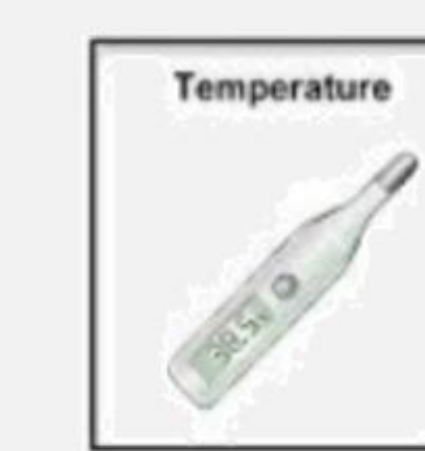
Visual schedule



When-Then



Positive Reinforcers



## IMPACT & NEXT STEPS

	Total	Code White Events
2022	67	0
2023 projected	76	2

- From May-Sep 2023, ~80% of Code White Events involved patients with neurodiversity.
- SickKids is prioritizing supporting increasing hospital wide capacity by:
  - ✓ Standardized "My Comfort & Safety Plans"
  - ✓ Developmental Service Workers
  - ✓ BCBA on Code White team
  - ✓ Increased ABILITY team resourcing

## ACKNOWLEDGMENTS

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