

## Participation Pathways

A structured AND personalized approach to rehabilitation service delivery using the example of employment participation



PRESENTER:  
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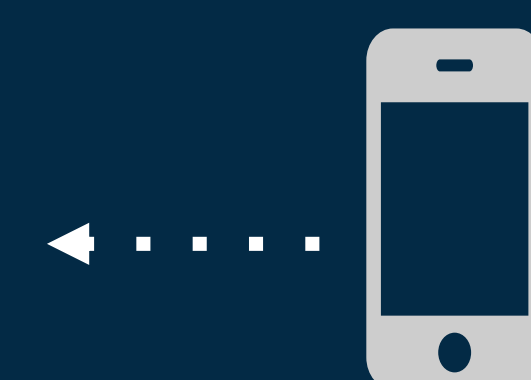
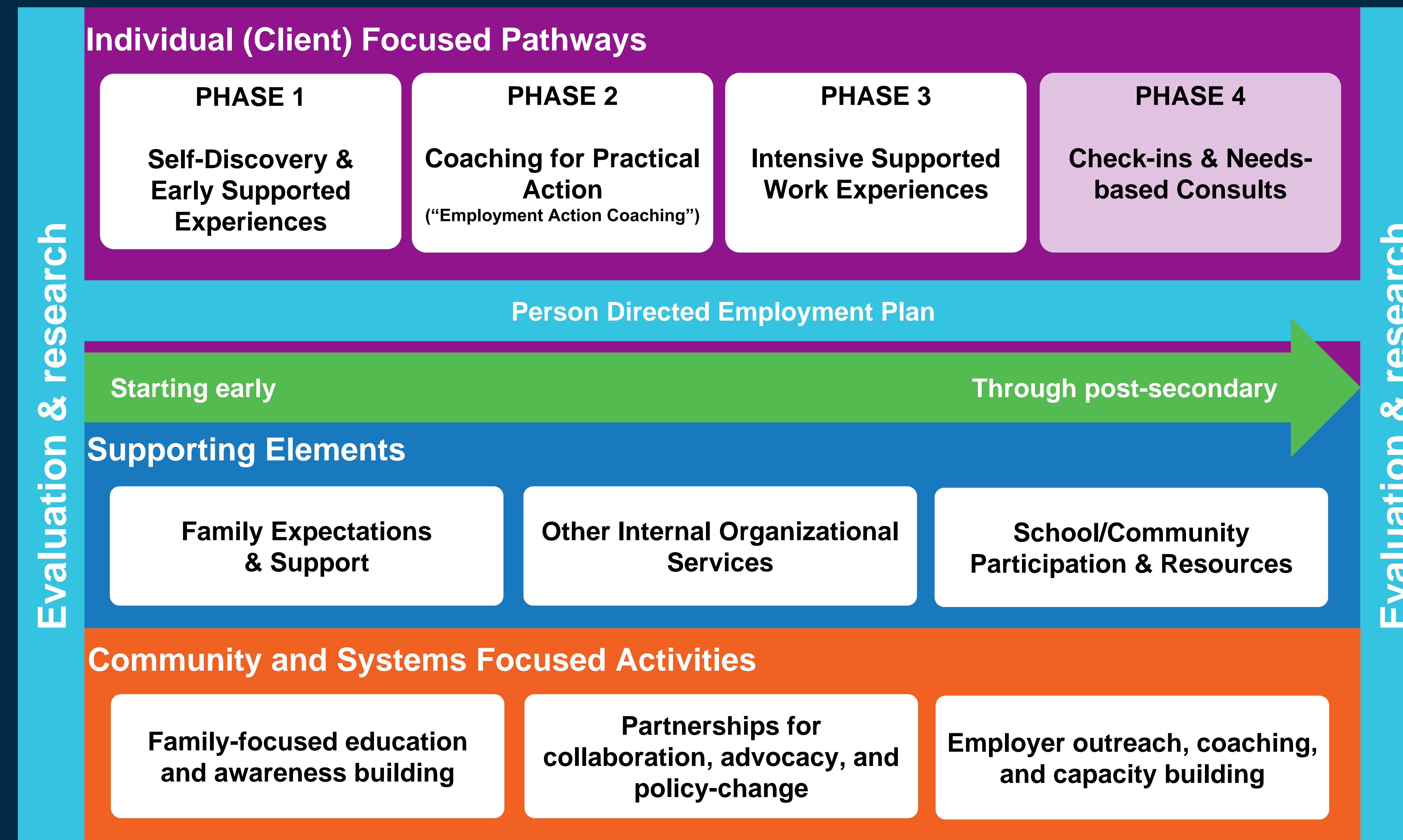
**BACKGROUND:** Youth with disabilities and their families move through many transitions across their lives, with increasing frequency and intensity as they approach adulthood. Each transition brings new and diverse system partners, funders, and service providers, requiring youth and families to navigate multiple requirements, advice, and deadlines.

**OPPORTUNITY:** How might we create systems that prepare, inform, and support the various contributors to youths' transitions throughout and out of the pediatric health and rehabilitation systems in order to promote smoother transition experiences?

**INNOVATION:** We created a multi-level, integrated, collaborative pathway model to meet the complex and inter-sectoral needs of youth and families as they move towards adult life. The model was based on best available evidence, practice frameworks from rehabilitation and education, and our Employment Participation Pathways practices built for youth with disabilities and drawing from our 15 years of experience in connecting clients, services, and organizations. The tiers are based upon best evidence from King et al. (2012).

**TAKEAWAY:** How can you categorize your programs, supports, and systems-based hopes to hold a comprehensive vision for your work?

# Our Participation Pathways model promotes an evidence-based structure that considers: **personalized needs & contextual realities**



Take a picture to download the full paper of our original Employment Participation Pathways Model

## Where to start

**Consider what is *already* working:** Do you have programs or collaborators with programs? e.g.:

### Individual (Client) Focused Pathways

**PHASE 1**  
Relevant introductory or early skills program

We have 2 Programs, and so does the local community centre, connect and group! ✓

**PHASE 2**  
Skill building and action planning (include family)

We do not know of any programs... We will look to the literature and build 🔍

**PHASE 3**  
Intensive supported experiences

We do not have capacity for this, but our colleagues do, connect and group! 🤝

**Consider what will make big change:**  
What is your vision for 'the system'?

### Community and Systems Focused Activities

Who needs education and awareness?

How do you maintain your collaborations?

What needs advocacy or policy change?

Which sectors/groups need coaching and/or capacity building?

**Organize:** Add your programs, practices, supports, activities, and evidence (evaluation or research) into the model to consider:

1. How you are *already* facilitating pathways
2. Next steps to make the most impact moving forward

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